



# COOKIES POLICY

EFFECTIVE DATE: 10-10-2024

**At My Lifestyle**, we prioritize your privacy and are committed to protecting your personal information. This Cookies Policy explains how we use cookies and similar technologies on our website, the types of cookies we use, and your rights regarding their use.



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## What are Cookies?

Cookies are small text files that are placed on your device when you visit a website. They are widely used to make websites function efficiently, enhance user experiences, and provide information to website owners.

## Types of Cookies We Use

### Necessary Cookies

Essential for the website's functionality, enabling core features such as security, network management, and accessibility. You cannot disable these cookies.

### Performance and Analytics Cookies

These cookies collect information about how visitors interact with our website, helping us improve performance and enhance your experience. The data collected is aggregated and anonymous.

### Functionality Cookies

Functionality cookies allow our website to remember your preferences (like your username or region) and provide enhanced features tailored to you.

### Advertising and Targeting Cookies

These cookies track your browsing habits to help us display relevant advertisements on third-party websites. They also measure the effectiveness of our advertising campaigns.





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## Third-Party Cookies

We may allow third-party cookies from partners for analytics and advertising purposes. These cookies are governed by the respective third party's privacy policies. We encourage you to review these policies for more information.

## Managing Your Cookie Preferences

You have the right to accept or reject cookies at any time. Most browsers allow you to manage cookie settings, and you can set your browser to block or alert you about these cookies. Instructions for popular browsers can be found here:

**Google Chrome**

**Mozilla Firefox**

**Safari**

**User Consent**

If required by law, we will seek your consent to use non-essential cookies. You can withdraw your consent at any time through your browser settings.

## Changes to This Policy

We reserve the right to update this Cookies Policy from time to time. Any changes will be posted on this page with an updated effective date.

## Contact Us :

**If you have any questions about this Cookies Policy or our data practices, please contact us at:**

**Email: [info@mylifestylenet.com](mailto:info@mylifestylenet.com)**

**Phone: 00971 54 3475945**

